

Delivering compassionate healthcare and the Gospel
to the most needy in the developing world.



CATHOLIC MISSIONS PROGRAM 2010

LOCATION	DATE
Philippines: Tanauan-Batangas	<i>January 27-February 6, 2010</i>
Quintana Roo, Mexico: Chunhuhub	<i>March 5-14, 2010</i>
Guatemala: Escuintla	<i>March 12-20, 2010</i>
Africa: Ghana	<i>April 14-25, 2010</i>
Mexico: Cotija	<i>May 21-May 29, 2010</i>
Brazil: Itacoatiara-Amazonas	<i>July 2-11, 2010</i>
Guatemala: Santa María de Jesús	<i>October 22-30, 2010</i>
El Salvador: Sonsonate	<i>October 29-November 6, 2010</i>
Santiago Texacuangos	<i>November 5-13, 2010</i>
Quintana Roo, Mexico: Playa del Carmen	<i>November 5-14, 2010</i>



(Please see reverse...)



Thank you for your interest in HELPING HANDS Medical Missions. Below is information about our apostolate and how you can be part of the medical missions.

HISTORY

HELPING HANDS Medical Missions (HHMM) was formally established in 1996 after 3 years of developing a program for a Catholic medical mission. The idea originated in Dallas in 1991 when a Catholic priest recognized the need for Catholic medical professionals to provide health care services for the poor in rural areas of developing countries. In Holy Week of 1996 a pilot group of medical missionaries from various areas of the U.S. joined the youth missions in Michoacán, Mexico. The mission was a success with a small group (7) of medical personnel. In the fall of 1996, the first mission under the name of HELPING HANDS Medical Missions took place in Cotija, Mexico, with 30 participants: doctors, nurses and volunteers serving more than 500 patients and providing 91 surgeries in just 5 days!

GENERAL INFORMATION

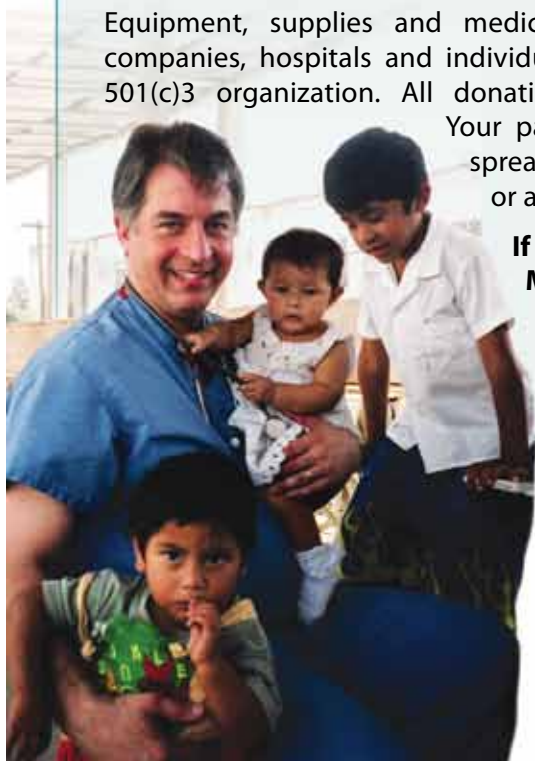
Since 1996, HHMM has served more than 117,000 poor patients and hosted 75 medical missions in Mexico, El Salvador, Venezuela, Brazil, Dominican Republic, Guatemala, Philippines, and Ghana. Each mission is one week long and 10 missions are scheduled annually. Each mission group is comprised of approximately 25-45 participants, who volunteer their time, service, and medical supplies. Included in this group is the mission chaplain (priest) who accompanies the team for spiritual support. The mission site varies depending on the needs of certain communities and requests for help by local authorities and local clergy. To sustain ongoing care all sites are visited annually.

HELPING HANDS medical missionaries are Catholic doctors, nurses, and volunteers who come from all areas of the United States and Canada to join the host team of doctors. Participants pay their own round-trip airfare, mission fee (food, housing, ground transportation, etc.) and bring supplies and medicines. Missionaries work in small clinics, hospitals, schools and churches located in rural towns where they provide free medical care for thousands of patients in need of medical attention. Services include surgeries, eye care, consultations, and distributions of medications, follow-up of surgical patients house calls and Natural Family Planning instruction. The participants also take part in the mission's spiritual program. Aspects of the mission includes daily prayer, Mass, meditation, and sharing the faith with the people of the town through home visits.

Equipment, supplies and medications are collected year-round from various companies, hospitals and individuals in the United States. HHMM is a non-profit 501(c)3 organization. All donations are tax deductible as permitted by law.

Your participations could be time spent on a mission, spreading the word among your medical community, or a monetary donation.

If you would like to participate in HELPING HANDS Medical Missions, we are always in need of physicians, nurses and volunteers for this work that Christ has called us to do.



"What you did for the least of these brothers of mine, you did for me." – Matthew 25:40

HELPING HANDS Medical Missions, Inc.

P. O. Box 140847 Irving, TX 75014 | P 972.253.1800 | F 972.253.1900

E-mail: mission@hhmm.org | Website: www.hhmm.org | <http://www.youtube.com/hhmmnpo>